

BASIC FIRST AID INFORMATION

First steps for a first aid emergency (the 3 C's)

1. **Check**
 - a. The scene: Is it safe for you to approach? Also see how many victims there are and look for bystanders who can assist.
 - b. The victim: Is the victim conscious? If "Yes," obtain consent from victim before giving care. If consent is not given, still call 9-1-1, but do not provide care. When a victim is unconscious or unable to give consent, consent is implied. *
2. **Call 9-1-1** for assistance.
3. **Care** for life-threatening conditions until the first responder(s) arrive.
 - a. **Airway** - is the victim's airway open?
 - b. **Breathing** - look, listen, and feel for breathing.
 - c. **Circulation** - check for signs of circulation.

* *The U.S. has Good Samaritan Laws to legally protect individuals who provide emergency care without accepting anything in return. The laws require that the individual use common sense and a skill level that does not exceed one's scope of training.*

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